

Give
thanks



eating

you are
what
you eat

*Eating is a constant
and central aspect of life.*



Cooking

“The preparation of food-materials into what is actually put into our mouths is one of the great bonds that hold societies together.”

eg cereal crops; wheat as it is harvested is inedible for humans

Thomas O’Loughlin, *The Eucharist: Origins and Contemporary Understanding*, London: Bloomsbury, 2015, 79.



Meal sharing



“We are meal-sharing beings, and this is at the core of our lives and our human development: around the table, sharing a meal we affirm our nature, build society and present to ourselves our vision.”

Thomas O’Loughlin, *The Eucharist: Origins and Contemporary Understanding*, London: Bloomsbury, 2015, 70.

Where can
we buy bread
for these people
to eat?

Philip knows the problem

Andrew offers a solution

*There is a small boy
with five barley loaves
and two fish*

but

**what is that
between so many?**



Jesus **took** the loaves
gave thanks
and gave them out
to all who were
sitting ready



Give
thanks
EUCHARIST
is a verb



The focus of 'Eucharist'
is the **activity** of
giving thanks to
the Father.

*We thank him for all his
generosity in, through and
with the Son.*

