

FOURTEENTH SUNDAY

ORDINARY Season of the Year A

First Reading † Zechariah 9:9-10

A reading from the prophet Zechariah

See how humbly your king comes to you!

The Lord says this:

'Rejoice heart and soul, daughter Zion!
Shout for joy, daughter Jerusalem!
Look, your king is coming to you:
he is righteous and victorious,
humble and riding on a donkey,
on a colt, the foal of a donkey.

He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace to the nations,
his rule will stretch from sea to sea,
from the River to the limits of the earth.'

The word of the Lord.

Responsorial † Psalm 144:1-2.8-11.13-14

I will praise your name for ever, my king and my God.

I will extol you, my God and king,
and bless your name for ever and ever.
I will bless you day after day,
and praise your name for ever and ever.

I will praise your name for ever, my king and my God.

The Lord is kind and full of compassion,
slow to anger, abounding in mercy.
How good is the Lord to all,
compassionate to all his creatures.

I will praise your name for ever, my king and my God.

All your works shall thank you, O Lord,
and all your faithful ones bless you.
They shall speak of the glory of your reign,
and declare your mighty deeds.

I will praise your name for ever, my king and my God.

The Lord is faithful in all his words
and holy in all his deeds.
The Lord supports all who fall,
and raises up all who are bowed down.

I will praise your name for ever, my king and my God.

Second Reading † Romans 8:9.11-13

If by the Spirit you put an end to the misdeeds of the body, you will live.

A reading from the letter of St Paul to the Romans

You, however, are not in the flesh but in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. And if the Spirit of him who raised Jesus from the dead dwells in you, then he who raised Christ Jesus from the dead will give life to your mortal bodies too through his Spirit dwelling in you.

So then, my brothers and sisters, we have no obligation to the flesh to live according to it, for if you do live according to the flesh, you are destined to die; but if by the Spirit you put to death the deeds of the flesh, you will live.

The word of the Lord.

Gospel Acclamation † cf Matthew 11:25

Alleluia, alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.

Alleluia, alleluia, alleluia!

Gospel † Matthew 11:25-30

I am gentle and humble of heart.

A reading from the holy Gospel according to Matthew

At that time Jesus exclaimed,

‘I bless you, Father, Lord of heaven and of earth,
for hiding these things from the wise and the clever and revealing them to infants.

‘Yes, Father, for that was your good pleasure.
Everything has been handed over to me by my Father;
and no one knows the Son except the Father,
nor does anyone know the Father except the Son
and anyone to whom the Son chooses to reveal him.

‘Come to me, all you who labour and are overburdened, and I will give you rest.
Take my yoke upon you and learn from me,
for I am gentle and humble in heart,
and *you will find rest for your souls.*
For my yoke is easy and my burden light.’

The Gospel of the Lord.

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