FIRST SUNDAY IN LENT, Year B



First Reading # Genesis 9:8-15

I will recall the covenant between myself and you ... the waters shall never again become a flood to destroy all flesh.

A reading from the book of Genesis

God spoke as follows to Noah and his sons with him,

'I am now establishing my covenant with you and with your descendants to come, and with every living creature that is with you: birds, cattle and every wild animal with you; everything that came out of the ark, every living thing on earth.

'And I establish my covenant with you: that never again shall all living things be destroyed by the waters of a flood, nor shall there ever again be a flood to devastate the earth.'

God said,

'This is the sign of the covenant which I now make between myself and you and every living creature with you for all ages to come:

'I now set my bow in the clouds and it will be the sign of the covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I shall recall the covenant between myself and you and every living creature, all living things, and never again will the waters become a flood to destroy all living things.'

The word of the Lord.

Responsorial ‡ Psalm 24:4-9

Your ways, O Lord, are love and truth to those who keep your covenant.

O Lord, make me know your ways. Teach me your paths. Guide me in your truth, and teach me; for you are the God of my salvation.

Your ways, O Lord, are love and truth to those who keep your covenant.

Remember your compassion, O Lord, and your acts of merciful love, for they are of old.
In your merciful love remember me, because of your goodness, O Lord.

Your ways, O Lord, are love and truth to those who keep your covenant.

Good and upright is the Lord; he shows the way to sinners. He guides the humble in right judgement; to the humble he teaches his way.

Your ways, O Lord, are love and truth to those who keep your covenant.

Second Reading ‡ 1 Peter 3:18-22

The water of the flood is a type of the baptism which saves you now.

A reading from the first letter of St Peter

Christ himself suffered once and for all for sins, the righteous for the unrighteous, to lead you to God. He was put to death in the body; he was raised to life in the spirit, in which he also went and made a proclamation to the spirits in prison.

They had refused to believe long ago, while God patiently waited, in the days of Noah when the ark was being built, in which only a few, that is eight souls, were saved through water.

Baptism which this prefigured now saves you, not the removal of physical dirt but the pledge to God of a good conscience through the resurrection of Jesus Christ, who is at the right hand of God, having entered heaven with angels, authorities and powers subject to him.

The word of the Lord.

Gospel Acclamation ‡ Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

He was tempted by Satan, and the angels looked after him.

A reading from the holy Gospel according to Mark

And at once the Spirit drove Jesus into the desert and he was in the desert for forty days, being put to the test by Satan. He was with the wild animals, and the angels looked after him.

After John had been arrested, Jesus went into Galilee, proclaiming the gospel from God and saying,

'The time is fulfilled, and the kingdom of God has drawn near. Repent and believe in the gospel.'

The Gospel of the Lord.