

## FIRST SUNDAY IN LENT, Year C

# Season of Lent

*First Reading † Deuteronomy 26:4-10*

### **A reading from the book of Deuteronomy**

*The confession of faith of the elect.*

Moses said to the people:

The priest will then take the basket from your hand  
and lay it before the altar of the Lord your God.

In the presence of the Lord your God, you will then pronounce these words,

“My father was a wandering Aramaean;  
he went down to Egypt, few in number, and stayed there;  
there he became a great, powerful and numerous nation.

The Egyptians ill-treated us, they oppressed us and inflicted harsh slavery on us.  
But we called on the Lord, God of our ancestors.

The Lord heard our voice and saw our misery, our toil and our oppression.  
The Lord brought us out of Egypt with mighty hand and outstretched arm,  
with great terror, and with signs and wonders.

He brought us here and has given us this land,  
a land flowing with milk and honey.

So I now bring the first-fruits of the soil that you, Lord, have given me.”

You will then set it down before the Lord your God,  
and prostrate yourself in the presence of the Lord your God.

The word of the Lord.

*Responsorial † Psalm 90:1-2.10-15*

### ***Be with me, Lord, when I am in trouble.***

He who dwells in the shelter of the Most High,  
and abides in the shade of the Almighty,  
says to the Lord, ‘My refuge,  
my stronghold, my God in whom I trust!’

### ***Be with me, Lord, when I am in trouble.***

Upon you no evil shall fall,  
no plague approach your tent.  
For you has he commanded his angels,  
to keep you in all your ways.

### ***Be with me, Lord, when I am in trouble.***

They shall bear you upon their hands  
lest you strike your foot against a stone.  
On the lion and the viper you will tread  
and trample the young lion and the serpent.

### ***Be with me, Lord, when I am in trouble.***

Since he clings to me in love, I will free him,  
protect him, for he knows my name.  
When he calls on me, I will answer him;  
I will be with him in distress;  
I will deliver him, and give him glory.

***Be with me, Lord, when I am in trouble.***

***Second Reading † Romans 10:8-13***

**A reading from the letter of St Paul to the Romans**

*The confession of faith of the believers in Christ.*

What does scripture say, then? *The word is near to you; it is in your mouth and in your heart* (that is, the word of the faith which we proclaim). If you declare with your mouth that Jesus is Lord, and if you believe in your heart that God raised him from the dead, you will be saved. Belief with the heart leads to righteousness, and confession with the lips leads to salvation.

Scripture says: *No one who believes in him will be brought to disgrace*, for there is no distinction between Jew and Greek: the same Lord is the Lord of all, generous to all who call on him, for *everyone who calls on the name of the Lord will be saved*.

The word of the Lord.

***Gospel Acclamation † Matthew 4:4***

Praise to you, Lord Jesus Christ, king of endless glory!  
No one lives on bread alone,  
but on every word that comes from the mouth of God.  
Praise to you, Lord Jesus Christ, king of endless glory!

**A reading from the holy Gospel according to Luke**

*Filled with the Holy Spirit, Jesus was led by the Spirit  
through the wilderness where he was tempted.*

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit into the desert, for forty days being put to the test by the devil. During that time he ate nothing at all and when they were over he was hungry. Then the devil said to him,

‘If you are Son of God, tell this stone to become a loaf.’

But Jesus replied to him,

‘Scripture says:

*A human does not live on bread alone.’*

Then, leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him,

‘I will give you all this power and their splendour, for it has been handed over to me, and I give it to anyone I wish. If you, then, worship me, it shall all be yours.’

But Jesus answered him,

‘It is written:

*You shall worship the Lord your God, him alone shall you serve.’*

Then he led him to Jerusalem and set him on the parapet of the Temple and said to him,

‘If you are Son of God throw yourself down from here, for it is written:

He has given his angels orders about you, to guard you, and that,  
They will carry you in their arms in case you trip on a stone.’

But Jesus answered him,

‘It is said:

*Do not put the Lord your God to the test.’*

Having finished every way of putting him to the test, the devil left him, until the opportune moment.

The Gospel of the Lord.