



# moving mercy

A five-week journey into the  
experience of forgiveness

# moving mercy

- What is mercy?
- What is forgiveness?
- *What it isn't*



# Mercy is not:

- Condoning what they did
- *Waiting for them to apologise*
- Ignoring justice / consequences
- *Pretending nothing happened*
- Reconciliation

# When do I need to forgive?

- If you can't say their name
- Tension when their name comes up
- Something good happens to them
- Heart static
- If you blame them when things go wrong
- If you wish they were dead


# Who do I need to forgive?

- **You can't forgive an institution**
  - The Church didn't wrong you
  - That company didn't wrong you
  - The government didn't wrong you
  - Your family didn't wrong you
- It is always people or a person that we need to forgive

# What is forgiveness?

- It is a *process* and a *movement*
- Mercy moves us to respond
- Mercy moves us towards healing
- Mercy moves us towards reconciliation





Forgiveness is making the decision  
to set someone free,  
*and discovering the person  
set free is me.*